

Lindsey M. Spraker, LSW, CTRS

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EDUCATION

Licensure: Licensed Social Worker #627

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University of Denver

Denver, CO

Master of Social Work

June, 2009

Concentration: Clinical Track: High Risk Youth Certification: Animal Assisted Social Work

CGPA 3.87

Program Nationally Accredited by CSWE

University of Wisconsin – La Crosse

La Crosse, WI

Bachelor of Science in Therapeutic Recreation

May, 2006

Minor: Psychology

CGPA 3.69

Program Nationally Accredited by NRPA/AALR

Dean's List

SOCIAL WORK RELATED EXPERIENCE

Lifelong Adult Education Services, Inc.

Denver, CO

Therapist

1/10 – Present

- Provide therapy, case management, and child protection services to families and adults with disabilities.
- Complete SSI screenings, psycho-educational screenings, comprehensive assessments, and academic testing.
- Facilitate psycho-educational course for clients receiving TANF benefits.

Creative Perspectives, Inc.

Englewood, CO

Interventionist

8/09 – 12/09

- Provided 1:1 center-based and community-based interventions for clients with Autism Spectrum Disorder.
- Created developmentally appropriate goals for individual clients to enhance independence and success in daily living.

Department of Human Services – Family Crisis Center

Denver, CO

Graduate Intern

8/08 – 5/09

- Assisted in program development, co-facilitated groups, established therapy goals and future placement options for clients.
- Developed Affective Education curriculum, created animal assisted program, and worked with individual clients and groups.

University of Denver

Denver, CO

Graduate Research Assistant

10/08 – 2/09, 11/07 – 4/08

- Conducted research surveys on homeless young adults regarding correlation between mental health and past abuse/trauma.
- Conducted research surveys on homeless young adults focusing on transiency, education levels, and mental health issues.

Colorado Youth at Risk

Denver, CO

Graduate Intern

9/07 – 5/08

- Facilitated and organized a group of youth regarding Leader's Challenge events and meetings.
- Assisted with donation and grant requests, fundraising events, and overall youth involvement in the program.

Riverfront, Inc.

La Crosse, WI

Service Associate/Team Scheduler

8/05 – 8/07

- Responsible for introducing beneficial leisure alternatives to participants with developmental disabilities, Multiple Sclerosis, Traumatic Brain Injuries and other special needs, as well as provided assistance with transportation and companionship.
- Assisted with therapeutic activities including fitness, crafts, games, and socialization for participants including hygiene maintenance and meal assistance.
- Ensured that each client had the correct staff, arriving at the correct time, and for the correct purpose.

- Family & Children's Center* Holmen, WI
Therapeutic Recreation Intern 1/06 – 5/06
 • Conducted duties of a CTRS in a Day Treatment facility for youth at-risk ages 8-16 over a period of sixteen weeks.
 • Planned, organized, and facilitated therapeutic recreation groups connecting Leisure Awareness, Leisure Education, Leisure Resources and Social Skills with clients' thoughts, behaviors, goals and outcomes.
- A.B.L.E., Inc.* Houston, MN
Direct Service Provider 8/05 – 10/05
 • Provided residents with daily cares including ADL's, ROM requirements, and goal implementation.
- UW-La Crosse Therapeutic Recreation Program* La Crosse, WI
Kids on the Block Puppeteer 10/04 – 5/05
 • Performed shows at various schools educating elementary school-aged youth about children and adults with disabilities.
- YMCA of La Crosse* La Crosse, WI
Surround Care Teacher 1/03-5/03, 9/04-3/05
 • Supervised elementary youth (ages 4-10) doing activities such as arts, board/card games and athletics.
 • Conducted behavior modification, appropriate social skills and emotional expression education.
- Central Wisconsin Center for the Developmentally Disabled* Madison, WI
Special Activities Helper 6/04 – 8/04
 • Responsible for resident (ages 40 and up) recreation including games, crafts, community outings, money management, leisurely walks, and appropriate social interaction.
- Horse Sense for Special Riders* La Crosse, WI
Activity Assistant 9/03 – 10/03
 • Helped riders with special needs in advancing cognitive, physical, sensory, and social skills through encouragement, support and direction.
- Cerebral Palsy Agency of Racine – Camp Kinder* Racine, WI
Camp Director, Lead Counselor 1/04, 6/99 – 8/03
 • Responsible for the health and happiness of children (ages 3-21) with Cerebral Palsy, Multiple Sclerosis, Down syndrome, ADHD, and Autism during the summer through games, crafts, swimming, respite overnights, and special events.
 • Supervised and delegated responsibilities to counselors and staff each day.

RELATED EXPERIENCE

- Colorado Youth at Risk* Denver, CO
Mentor 6/08 - Present
 • Assisted one youth in academics and future planning, attend monthly workshops, and provided overall support and guidance.

CERTIFICATIONS

- Certified Therapeutic Recreation Specialist (CTRS) 12/2006 - 12/2011
 • National Council for Therapeutic Recreation Certification

COLLEGE AWARDS/SCHOLARSHIPS/HONORS

- Eleanor Barnett Scholarship 2008 - 2009
 GSSW Merit Scholarship 2007 - 2009
 La Crosse Community Foundation Scholarship 2005 - 2006

REFERENCES

Available upon request.