

LIFELONG

Adult Education Services, Inc.

Since 1993, Lifelong AES, Inc. has provided quality psychological and educational services to adults with cognitive or learning disorders, developmental delays, mental illnesses, emotional problems and/or physical disabilities.

Our mission is to identify and help underserved individuals to develop essential life skills and strengthen their confidence and self-esteem to ensure their personal, academic, and vocational successes.



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Adult Education Services, Inc.

1175 Osage Street, Suite 201, Denver, CO 80204-3424



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***Removing Barriers to
Learning, Training, and
Productivity***

Since 1993

1175 Osage Street, Suite 201

Denver, CO 80203-3424

(303) 573-0839 voice

(303) 573-0849 fax

Visit our website for more information and resources!
<http://www.lifelongaes.com>

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Psychological Evaluation and Screening

Psychological, career, and learning disability assessments for individuals and agencies in need of documentation of disabling conditions and/or guidance in treatment, educational, or vocational planning.

- Full evaluation of cognitive and emotional functioning, learning potential, academic skill, career interests and aptitudes, and functional limitations conducted by licensed school or clinical psychologists.
- Attention Deficit/ Hyperactivity Disorder, Learning Disorders including Dyslexia, Developmental Disorders, and mental health disorders such as Depression and Anxiety.

Consultation

Expert consultation services for individuals with disabilities, schools, businesses, and service providers:

- ADA compliance and accommodations.
- Literacy, English as a Second Language, and Learning Disability program development.
- On-site workplace or educational accommodation evaluation and training.
- Disability documentation review.
- Workshops and inservices.

Specialized Instruction and Job Coaching

Specialized instruction is designed for adolescents and adults with learning disabilities, attention deficits, and/or a history of mental health and behavioral problems. Training content and individual needs drive the techniques and approaches used with each client at our learning lab or their job site.

- Academic and workplace literacy skills.
- Job site task analysis and coaching.
- College and graduate school specialized assistance.
- Test prep for the GED, ACT, GRE, WorkKeys, and other exams for placement or credentialing.

Life Skills/Behavioral Therapy

Intended for people with developmental, learning, and cognitive disorders. Life Skills/Behavioral Therapy addresses real-life problems experienced by people with low cognitive abilities and is provided in their home or work environments.

- Experiential and hands-on skills training.
- Parenting and relationship skills.
- Anger management and conflict resolution.
- Interpersonal skills at home and work.

Individual Counseling

Individual, career, and group counseling help clients identify and cope with their emotional, learning, and vocational needs. The goal of counseling is to help people learn to deal with life's complex problems, improve interpersonal relationships, build self-confidence and self-esteem, and develop coping and compensatory skills essential for success in their life activities. Treatment goals include:

- Understanding and accepting limitations while recognizing and using strengths.
- Developing effective self-advocacy and compensatory skills.
- Managing stress and changing unhealthy patterns of thinking and behaving.
- Understanding depression, anxiety, and the long lasting effects of trauma.

Group Experiences

Group experiences combine the principles of small group instruction with group therapy to create a safe environment to explore alternative ways of reducing or eliminating the barriers that interfere with goal achievement. Groups may be tailored to meet specific needs or to address areas of interest including anxiety reduction, developing safe and appropriate boundaries, and coping with disabilities.